



Lions Clubs International

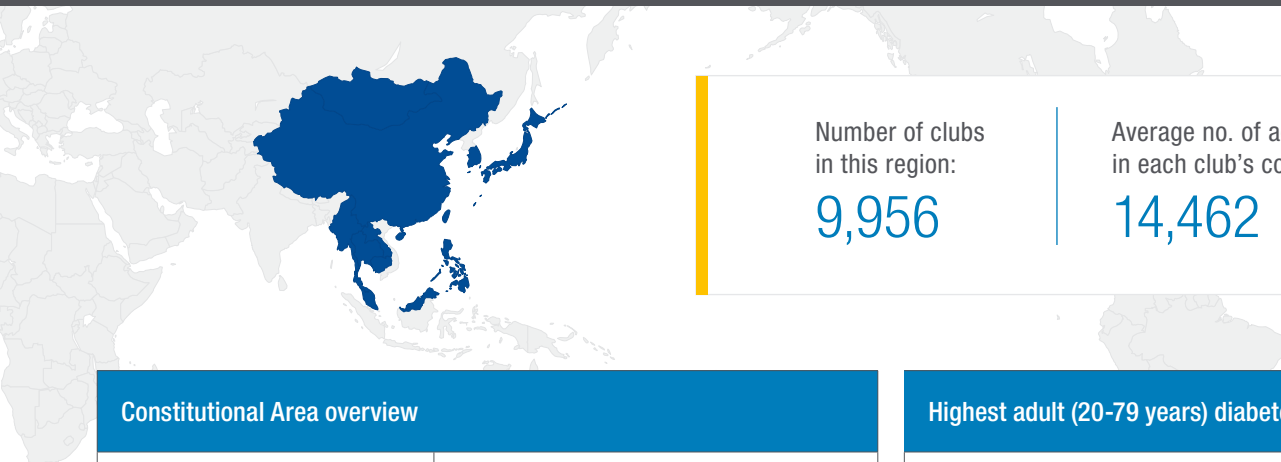
Diabetes Fact Sheet



Lions Clubs International

2019-2021 EDITION

Constitutional Area 5 The Orient and Southeast Asia



Number of clubs
in this region:

9,956

Average no. of adults with diabetes
in each club's community

14,462

Constitutional Area overview

Adult population 1.4 billion	Adults with diabetes 144.0 million
Regional prevalence 10.19%	Undiagnosed diabetes cases 78.7 million
Diabetes-related deaths 1.1 billion	Children with type 1 diabetes (0-19 years) 73,200

Highest adult (20-79 years) diabetes cases

1 China	116.0 million
2 Japan	7.4 million
3 Thailand	4.3 million
4 Philippines	4.0 million
5 Korea	3.7 million

Global statistics

- ▶ **1 in 11** adults has diabetes
- ▶ **Over 463 million** people have diabetes; by 2045 this number will reach 700 million
- ▶ **1 in 2** adults with diabetes is undiagnosed (232 million), and at a higher risk of developing complications
- ▶ **374 million** people are at risk of developing type 2 diabetes
- ▶ **Over 1.1 million** children are living with type 1 diabetes
- ▶ **4 million deaths** were caused by diabetes in 2019
- ▶ **87%** of diabetes-related deaths occur in low- and middle-income countries
- ▶ **35%** of diabetes-related health expenditure is spent in low- and middle-income countries
- ▶ **1 in 6** live births (20 million) are affected by diabetes during pregnancy
- ▶ **760 billion** is spent diabetes-related health expenditure

IN PARTNERSHIP WITH



**International
Diabetes
Federation**

NEED MORE INFORMATION?

For more ways to serve for this global cause, please visit lionsclubs.org/diabetes

Data source: International Diabetes Federation (IDF) Diabetes Atlas 9th Edition 2019. Visit diabetesatlas.org for more information. Lions Clubs International expresses its gratitude to IDF for its leadership in the global diabetes community.

*Lions regions are estimated using data from the IDF Diabetes Atlas 9th Edition 2019

Diabetes Fact Sheet 2019-2021

Country/territory	Adult population (20-79 years)	Diabetes cases (20-79 years)	Diabetes national prevalence (%)	Undiagnosed diabetes cases (20-79 years)	Children with type 1 diabetes (0-19 years)	Diabetes-related deaths (20-79 years)	Total Lions clubs	Avg. adults w/ diabetes per community
Brunei Darussalam	303,500	40,100	13.21	18,700	-	281	3	13,367
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Cambodia	9,797,900	430,600	4.39	268,100	500	7,919	5	86,120
IDF Member: Cambodian Diabetes Association City: Phnom Penh Phone: (+855) 92791952								
China	1,065,411,600	116,446,900	10.93	65,179,800	54,000	823,779	2,469	47,164
IDF Member: Chinese Diabetes Society City: Beijing Phone: (+86) 1085158145								
Guam	109,600	22,100	20.16	10,300	-	-	17	1,300
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
China Hong Kong	5,915,000	723,400	12.23	466,100	200	-	91	7,949
IDF Member: Diabetes Hongkong City: Kowloon Phone: (+852) 27232087								
Japan	93,968,800	7,390,500	7.86	3,441,200	4,500	71,513	2,952	2,504
IDF Member: Japan Association for Diabetes Education and Care City: Tokyo Phone: (+81) 335141721								
Korea	40,123,300	3,689,400	9.20	1,333,200	2,700	33,308	2,066	1,786
IDF Member: Korean Diabetes Association City: Seoul Phone: (+82) 27149064								
China Macao*	513,900	50,900	9.90	23,800	-	-	2	25,450
IDF Member: Macau Diabetes Association City: N/A Phone: (+853) 785834								
Malaysia	21,711,800	3,652,600	16.82	1,841,300	1,000	22,449	324	11,273
IDF Member: Diabetes Malaysia City: Petaling Jaya Phone: (+60) 379574062								
Marshall Islands	32,400	10,900	33.64	5,800	-	164	1	10,900
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Mongolia	1,978,000	99,300	5.02	71,300	200	1,230	5	19,860
IDF Member: Mongolian Diabetes Association City: Ulaanbaatar Phone: (+976) 88113704								
Myanmar	34,773,100	1,282,700	3.69	684,700	1,500	31,288	1	1,282,700
IDF Member: Myanmar Diabetes Association City: Yangon Phone: (+95) 18604489								
Philippines	63,265,700	3,993,300	6.31	2,662,300	3,900	38,583	431	9,265
IDF Member: Diabetes Philippines City: Mandaluyong City Phone: (+63) 25311278								
China Taiwan	18,523,400	1,228,800	6.63	525,900	2,800	-	1,203	1,021
IDF Member: Chinese Taipei Diabetes Association City: Taipei Phone: (+886) 223753352								
Singapore	4,512,200	640,400	14.19	346,000	300	4,374	93	6,886
IDF Member: Association of Diabetes Educators City: Jalan Besar Phone: (+65) 90663805								
Thailand	51,475,200	4,284,900	8.32	1,868,000	1,600	40,918	293	14,624
IDF Member: Diabetes Association of Thailand City: Bangkok Phone: (+662) 7165412								
Total	1,412,415,400	143,986,800	10.19%	78,746,500	73,200	1,075,806	9,956	14,462

*Countries without in-country data sources. Estimates are extrapolated from similar countries based on their ethnicity, language, World Bank income classification and geographical proximity. IDF country-specific data was used to calculate LCI Constitutional Area statistics due to differences in regions. This data represents countries with active Lions Clubs.