



Lions Clubs International

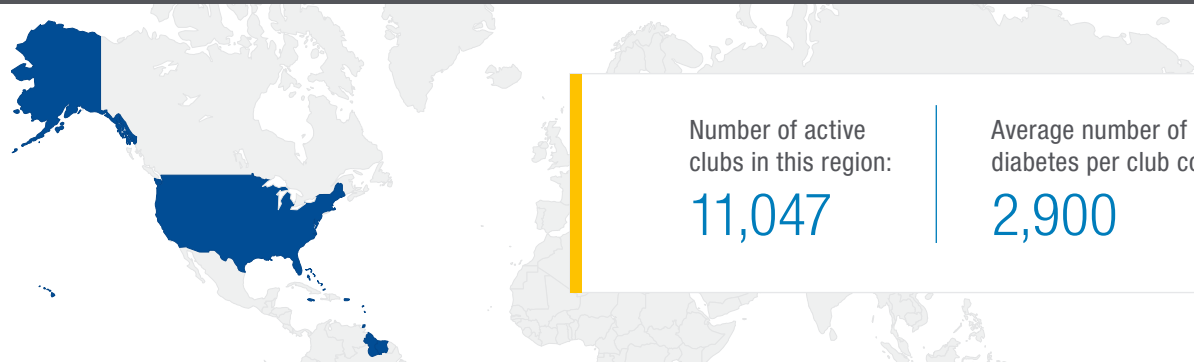
Diabetes Fact Sheet



Lions Clubs International

2019-2021 EDITION

Constitutional Area 1 United States of America, Its Affiliates, Bermuda & The Bahamas



Constitutional Area overview	
Adult population 241.1 million	Adults with diabetes 32.0 million
Regional prevalence 13.29%	Undiagnosed diabetes cases 12.1 million
Diabetes-related deaths 194,928	Children with type 1 diabetes (0-19 years) 177,900

Highest adult (20-79 years) diabetes cases	
1 United States of America	31.0 million
2 Puerto Rico	438,700
3 Jamaica	226,500
4 Trinidad & Tobago	121,300
5 Guyana	50,400

Global statistics

- ▶ **1 in 11** adults has diabetes
- ▶ **463 million** people have diabetes; by 2045 this number will reach 700 million
- ▶ **1 in 2** adults with diabetes is undiagnosed (232 million), and at a higher risk of developing complications
- ▶ **374 million** people are at risk of developing type 2 diabetes
- ▶ **Over 1.1 million** children are living with type 1 diabetes
- ▶ **4 million deaths** were caused by diabetes in 2019
- ▶ **87%** of diabetes-related deaths occur in low- and middle-income countries
- ▶ **35%** of diabetes-related health expenditure is spent in low- and middle-income countries
- ▶ **1 in 6** live births (20 million) are affected by diabetes during pregnancy
- ▶ **760 billion** is spent diabetes-related health expenditure

IN PARTNERSHIP WITH



**International
Diabetes
Federation**

NEED MORE INFORMATION?

For more ways to serve for this global cause, please visit lionsclubs.org/diabetes

Data source: International Diabetes Federation (IDF) Diabetes Atlas 9th Edition 2019. Visit diabetesatlas.org for more information. Lions Clubs International expresses its gratitude to IDF for its leadership in the global diabetes community.

*Lions regions are estimated using data from the IDF Diabetes Atlas 9th Edition 2019

Diabetes Fact Sheet 2019-2021

Country/territory	Adult population (20-79 years)	Diabetes cases (20-79 years)	Diabetes national prevalence (%)	Undiagnosed diabetes cases (20-79 years)	Children with type 1 diabetes (0-19 years)	Diabetes-related deaths (20-79 years)	Total Lions clubs	Avg. adults w/ diabetes per community
Antigua and Barbuda*	69,700	9,300	13.34	2,800	-	86	1	9,300
IDF Member: Antigua and Barbuda Diabetes Association City: St John's Phone: (+1268) 4639084								
Aruba*	77,800	11,600	14.91	3,500	-	-	2	5,800
IDF Member: Aruba Diabetes Foundation City: Pos Chikito Phone: (+297) 5930507								
Bahamas	286,900	26,900	9.38	8,100	100	231	2	13,450
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Barbados	204,100	36,400	17.83	9,500	-	294	8	4,550
IDF Member: Diabetes Association of Barbados City: St Michael Phone: (+1246) 4279338								
Bermuda	43,400	6,900	15.90	2,100	-	-	3	2,300
IDF Member: Bermuda Diabetes Association City: Hamilton Phone: (+1441) 2978427								
British Virgin Islands	21,100	3,100	14.69	900	-	-	2	1,550
IDF Member: British Virgin Islands Diabetes Association City: Tortola Phone: (+1284) 4944125								
Cayman Islands*	41,400	5,900	14.25	1,800	-	-	3	1,967
IDF Member: Cayman Islands Diabetes Association City: Grand Cayman Phone: (+1345) 9160995								
Dominica*	48,900	6,300	12.88	2,300	-	64	1	6,300
IDF Member: Dominica Diabetes Association City: N/A Phone: (+767) 2854125								
Grenada	69,500	6,800	9.78	2,500	-	98	3	2,267
IDF Member: Grenada Diabetes Association City: St. Georges Phone: (+1473) 4427032								
Guyana*	479,100	50,400	10.52	18,500	-	899	19	2,653
IDF Member: Guyana Diabetic Association City: Georgetown Phone: (+592) 2237597								
Jamaica	1,936,500	226,500	11.70	55,400	200	2,200	24	9,438
IDF Member: Diabetes Association of Jamaica City: Kingston Phone: (+876) 9279960								
Puerto Rico	2,617,000	438,700	16.76	142,600	1,500	-	105	4,178
IDF Member: Asociación Puertorriqueña de Diabetes								
Saint Christopher Nevis	36,900	5,300	14.36	1,600	-	63	1	5,300
IDF Member: St Kitts Diabetes Association City: Basseterre Phone: (+1869) 7648936								
Saint Lucia*	129,300	14,800	11.45	5,500	-	145	5	2,960
IDF Member: St Lucia Diabetic and Hypertensive Association City: Castries Phone: (+1758) 4527693								
Saint Vincent and the Grenadines*	73,700	8,800	11.94	3,200	-	115	2	4,400
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Sint Maarten*	26,800	3,800	14.18	1,200	-	-	3	1,267
IDF Member: Diabetes Foundation of Sint Maarten City: Phillipsburg Phone: (+721) 5423452								
Suriname	367,800	47,900	13.02	17,600	-	573	14	3,421
IDF Member: Diabetes Vereniging Suriname City: Paramaribo Phone: (+597) 497918								
Trinidad and Tobago	982,600	121,300	12.34	36,500	200	1,191	29	4,183
IDF Member: Diabetes Association of Trinidad and Tobago City: Chaguanas Phone: (+868) 6553704								
United States of America	233,505,400	30,987,900	13.27	11,816,500	175,900	188,969	10,814	2,866
IDF Member: American Diabetes Association City: Alexandria Phone: (+1) 7035491500								
United States Virgin Islands	73,700	12,400	16.82	3,400	-	-	6	2,067
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Total	241,091,600	32,031,000	13.29%	12,135,500	177,900	194,928	11,047	2,900

*Countries without in-country data sources. Estimates are extrapolated from similar countries based on their ethnicity, language, World Bank income classification and geographical proximity. IDF country-specific data was used to calculate LCI Constitutional Area statistics due to differences in regions. This data represents countries with active Lions Clubs.