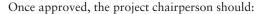
#### Home

- Adjust heat/air conditioning thermostats two degrees to save 2,000 pounds of carbon dioxide a year.
- Change heating filters to save 350 pounds of carbon dioxide a year.
- Insulate your home. Have an energy audit.
- Purchase energy-efficient appliances.
- When not in use, turn off electrical appliances.
- Replace incandescent light bulbs with compact fluorescent light bulbs to reduce energy consumption 60%.
- Use rechargeable batteries.
- Reduce the temperature of water heaters by 10 degrees.
- Install water-saving devices in showers and toilets.
- Wash only full loads of laundry.
- Wash clothes in warm or cold water. Use low phosphate laundry detergent.
- Use cloth baby diapers.
- Use cloth dishtowels and napkins instead of paper towels and napkins.
- Plant a vegetable garden.
- Purchase locally grown produce.
- Purchase items in bulk.
- Use reusable string or fabric shopping bags.
- Give excess paint to a friend.
- Pay bills online.

# DEVELOP AN ENVIRONMENT PROJECT:

- Evaluate community needs.
- Partner with local organizations.
- Determine the best project for the community.
- Review Lions Green Team resources.
- Plan the procedures, materials needed, and a budget.
- Submit the plan to Lions club, district, and/or multiple district leaders for approval.



- Obtain municipal permits.
- Place event posters throughout the community.
- Recruit Lion volunteers.
- Provide protective clothing for volunteers.
- Create large Lions signs for the project.
- Invite the media to witness or participate in the Lions environment project through press releases.

# After the project:

- Provide a certificate of appreciation for participants.
- •Update local media on the success of the project.
- Thank all sponsors.
- Submit final report to club, district, multiple district and International Headquarters.

## LIONS ENVIRONMENTAL PHOTO CONTEST

To illustrate the beauty of nature, every Lion (from a club in good standing) can enter a photograph of his or her immediate surroundings into the club-level Lions Environmental Photo Contest. The photo categories are:

- animal life
- plant life
- urban or natural landscape
- weather phenomenon
- a special annual theme

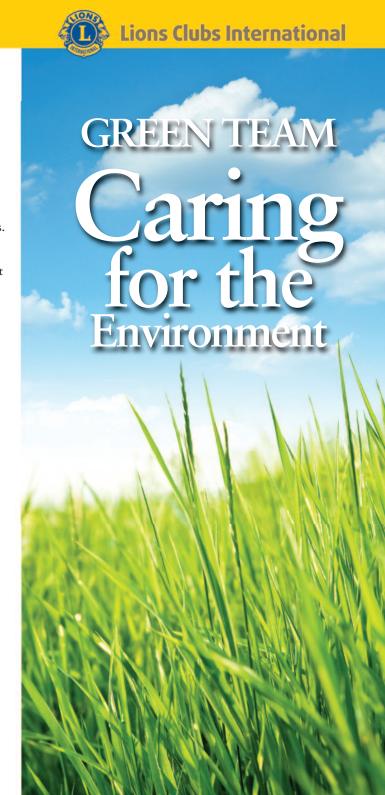


# **Lions Clubs International**



Program Development Lions Clubs International 300 W. 22nd Street Oak Brook, IL 60523-8842 USA www.lionsclubs.org; E-mail: programs@lionsclubs.org Phone: 630-571-5466

IAD-219 3/09







## COMMUNITY CLEAN-UP PROJECTS

Community clean-ups are a great way to improve the environment:

- •Adopt-a-highway, waterway or park. Maintain its litter-free appearance.
- Clean a waterway; re-stock it with fish.
- Remove graffiti from a public place.
- Improve a playground or athletic field.
- Landscape a public area.
- Check lead levels in school drinking fountains and replace pipes if needed.
- Encourage the use of organic instead of chemical fertilizers.

#### TREE PLANTING PROJECTS

Trees absorb carbon from the atmosphere, conserve soil and water, provide homes for animals, shade for humans, and are a source of food and medicine.

- Trees can serve as a living memorial of a club anniversary or a member's birthday.
- Some clubs have planted Lions memorial forests.
- Other clubs have sponsored contests. The grand prize was a tree planted in honor of the contest winner.

Tree planting tips from the United Nations Environment Programme (UNEP):

- Dig a hole twice as wide as the root ball. Slightly loosen the root ball.
- Place the tree in the hole.
- Cover the hole with soil. Pat down the soil.
- Water the tree.
- Remove weeds around the tree. Protect the tree from animals.

# RECYCLING PROJECTS

Recycle at Lions events. A few Lions recycling projects are:

- Eyeglasses and hearing aids
- Paper, books, magazines, telephone books
- Aluminum, metal keys, metal clothes hangars
- Plastic products
- Motor oil, paint
- Cellular telephones, computers, inkjet cartridges
- Rubber-soled athletic shoes
- Organic matter in a compost pile.

## Reuse projects include:

- Clothing drives
- The collection of canes, crutches, wheelchairs and other medical supplies to donate to those in need.

## **EDUCATION PROJECTS**

Lions can inform the public about environment issues:

- Sponsor a hybrid car exhibit.
- Sponsor an environment contest.
- Raise funds for an environment project.
- Encourage schools to teach an environment curriculum.
- Sponsor a school-based ecology club.

## **ENVIRONMENTALLY-FRIENDLY ACTIONS**

#### Automobiles

- Drive your car 10 miles less per week and save 500 pounds of carbon dioxide emissions per year.
- Keep car tires inflated for fuel efficiency.
- Air conditioning leaks are a major source of chlorofluorocarbon (CFC) release into the atmosphere which causes depletion of the atmospheric ozone.
- Purchase a fuel-efficient or hybrid automobile.