



Lions Clubs International

Diabetes Fact Sheet



Lions Clubs International

2019-2021 EDITION

Africa



Number of clubs
in this region:

1,269

Average no. of adults with diabetes
in each club's community

25,770

Area overview		Highest adult (20-79 years) diabetes cases	
Adult population 612.0 million	Adults with diabetes 32.7 million	1 Egypt	8.9 million
Regional prevalence 5.34%	Undiagnosed diabetes cases 19.0 million	2 South Africa	4.6 million
Diabetes-related deaths 466,707	Children with type 1 diabetes (0-19 years) 103,000	3 Nigeria	2.7 million
		4 Algeria	1.9 million
		5 Democratic Republic of the Congo	1.8 million

Global statistics

- ▶ **1 in 11** adults has diabetes
- ▶ **Over 463 million** people have diabetes; by 2045 this number will reach 700 million
- ▶ **1 in 2** adults with diabetes is undiagnosed (232 million), and at a higher risk of developing complications
- ▶ **374 million** people are at risk of developing type 2 diabetes
- ▶ **Over 1.1 million** children are living with type 1 diabetes
- ▶ **4 million deaths** were caused by diabetes in 2019
- ▶ **87%** of diabetes-related deaths occur in low- and middle-income countries
- ▶ **35%** of diabetes-related health expenditure is spent in low- and middle-income countries
- ▶ **1 in 6** live births (20 million) are affected by diabetes during pregnancy
- ▶ **760 billion** is spent diabetes-related health expenditure

IN PARTNERSHIP WITH



**International
Diabetes
Federation**

NEED MORE INFORMATION?

For more ways to serve for this global cause, please visit lionsclubs.org/diabetes

Data source: International Diabetes Federation (IDF) Diabetes Atlas 9th Edition 2019. Visit diabetesatlas.org for more information. Lions Clubs International expresses its gratitude to IDF for its leadership in the global diabetes community.

*Lions regions are estimated using data from the IDF Diabetes Atlas 9th Edition 2019

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Country/territory	Adult population (20-79 years)	Diabetes cases (20-79 years)	Diabetes national prevalence (%)	Undiagnosed diabetes cases (20-79 years)	Children with type 1 diabetes (0-19 years)	Diabetes-related deaths (20-79 years)	Total Lions clubs	Avg. adults w/ diabetes per community
Algeria	26,623,200	1,904,700	7.15	1,252,400	33,100	12,657	32	59,522
IDF Member: Setif Diabetes Association City: Setif Phone: N/A								
Angola*	13,543,700	532,400	3.93	278,800	200	6,988	6	88,733
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Benin	5,512,200	44,600	0.81	30,400	300	693	50	892
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Botswana	1,412,600	78,100	5.53	40,900	100	1,675	14	5,579
IDF Member: Diabetes Association of Botswana City: Gaborone Phone: (+267) 72510370								
Burkina Faso	8,962,000	494,200	5.51	337,200	600	9,675	51	9,690
IDF Member: Association Burkinabe d'Aide aux Diabétiques City: Ouagadougou Phone: (+226) 70270999								
Burundi*	5,169,900	123,100	2.38	84,000	300	2,699	1	123,100
IDF Member: Burundian Diabetes Association City: Bujumbura Phone: (+257) 77730144								
Cameroon	11,810,000	615,300	5.21	322,200	700	13,744	23	26,752
IDF Member: Cameroon Diabetes Association City: Bamenda Phone: (+237) 77755573								
Central African Republic*	2,183,600	101,200	4.63	69,000	-	3,163	2	50,600
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Chad*	6,621,200	245,000	3.70	167,200	100	5,707	9	27,222
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Republic of the Congo*	2,625,800	158,600	6.04	83,000	300	2,536	23	6,896
IDF Member: Diabaction-Congo City: Brazzaville Phone: (+242) 683960								
Côte d'Ivoire*	11,946,800	237,400	1.99	124,300	400	5,207	33	7,194
IDF Member: Association des Diabétiques de Côte d'Ivoire City: Abidjan Phone: (+225) 48473755								
Democratic Republic of the Congo*	37,400,100	1,805,600	4.83	1,231,800	1,300	28,383	29	62,262
IDF Member: Association des Diabétiques du Congo City: Kinshasa Phone: (+243) 898156107								
Djibouti*	584,600	35,800	6.12	18,800	-	468	1	35,800
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Egypt	58,091,500	8,850,400	15.24	4,815,500	11,800	76,263	59	150,007
IDF Member: Arabic Association for the Study of Diabetes & Metabolism City: Cairo Phone: (+20) 223584553								
Eswatini*	739,200	23,200	3.14	12,200	100	1,123	1	23,200
IDF Member: Diabetes Eswatini City: Manzini Phone: (+268) 25053487								
Ethiopia	53,390,400	1,699,400	3.18	1,159,400	2,100	23,157	9	188,822
IDF Member: Ethiopian Diabetes Association City: Addis Abeba Phone: (+251) 116625808								
Gabon*	1,143,600	79,900	6.99	41,800	100	923	11	7,264
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Gambia	980,200	15,600	1.59	10,700	100	193	1	15,600
IDF Member: Gambian Diabetes Association City: Banjul Phone: N/A								
Ghana	15,452,100	281,100	1.82	147,200	1,200	5,398	23	12,222
IDF Member: National Diabetes Association City: Accra Phone: (+233) 266821055								
Guinea*	6,323,600	127,500	2.02	87,000	300	2,070	14	9,107
IDF Member: Association Guinéenne d'Education et d'Aide aux Diabétiques City: Conakry Phone: (+224) 543319								
Kenya	25,587,600	552,400	2.16	243,500	1,700	8,081	50	11,048
IDF Member: Diabetes Kenya Association City: Nairobi Phone: (+254) 722297071								
Liberia*	2,371,100	48,100	2.03	32,800	200	754	5	9,620
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Madagascar*	13,018,300	468,800	3.60	319,900	900	5,756	40	11,720
IDF Member: Association Malgache contre le Diabète City: Antananariva Phone: N/A								
Country/territory	Adult population (20-79 years)	Diabetes cases (20-79 years)	Diabetes national prevalence (%)	Undiagnosed diabetes cases (20-79 years)	Children with type 1 diabetes (0-19 years)	Diabetes-related deaths (20-79 years)	Total Lions clubs	Avg. adults w/ diabetes per community
Malawi*	8,877,100	268,700	3.03	183,400	600	7,604	16	16,794
IDF Member: Diabetes Association of Malawi City: Blantyre Phone: (+265) 999252363								
Mali*	8,168,300	157,600	1.93	107,500	300	2,669	14	11,257
IDF Member: Association Malienne de Lutte contre le Diabète City: Bamako Phone: (+223) 20223467								
Mauritania	2,329,400	155,100	6.66	81,200	100	1,776	5	31,020
IDF Member: Association Mauritanienne de Lutte Contre le Diabète City: Nouakchott Phone: (+222) 6576005								
Mauritius	928,800	234,900	25.29	124,800	-	2,649	13	18,069
IDF Member: Diabetes Foundation Mauritius City: Camp de Masque Pavé Phone: (+230) 201 1929								
Morocco	23,368,600	1,735,500	7.43	742,500	30,200	8,025	53	32,745
IDF Member: Ligue Marocaine de Lutte contre le Diabète City: Rabat Phone: (+212) 537773341								
Mozambique	13,909,700	337,500	2.43	292,600	600	9,485	3	112,500
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Namibia*	1,400,900	53,200	3.80	27,900	100	1,095	8	6,650
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Niger*	9,026,000	183,300	2.03	125,100	900	3,181	12	15,275
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Nigeria	91,560,500	2,743,800	3.00	1,317,000	3,000	63,958	298	9,207
IDF Member: Diabetes Association of Nigeria City: Port Harcourt Phone: (+234) 8033407316								
Rwanda*	6,358,500	168,900	2.66	115,200	600	2,944	1	168,900
IDF Member: Association Rwandaise des Diabétiques City: Kigali Phone: (+250) 788839235								
Senegal*	7,820,800	153,100	1.96	104,500	800	1,855	13	11,777
IDF Member: Association Sénégalaise de Soutien aux Diabétiques City: Dakar Phone: (+221) 776398291								
Seychelles	66,700	9,500	14.24	4,400	-	84	4	2,375
IDF Member: Diabetic Society of Seychelles City: Victoria-Mahe Phone: (+248) 322639								
Sierra Leone*	3,735,200	73,300	1.96	50,000	100	1,773	1	73,300
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Somalia*	6,663,900	270,900	4.07	184,800	100	3,900	4	67,725
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
South Africa	35,833,200	4,581,200	12.78	2,398,700	1,600	89,834	126	36,359
IDF Member: Diabetes South Africa City: Randburg Phone: (+27) 118863765								
South Sudan*	6,308,500	493,700	7.83	336,900	200	7,017	2	246,850
IDF Member: Sudanese Diabetes Association City: N/A Phone: N/A								
Tanzania	27,005,700	997,400	3.69	796,100	2,000	18,032	23	43,365
IDF Member: Diabetes Association of Zanzibar City: Dar Es Salaam Phone: (+255) 22 2114991								
Togo*	3,943,500	79,600	2.02	54,300	300	1,286	22	3,618
IDF Member: Association Togolaise du Diabète City: Lomé Phone: (+228) 90159068								
Tunisia	7,956,900	809,500	10.17	607,100	2,200	5,317	41	19,744
IDF Member not applicable. Contact the IDF at Info@idf.org for more information.								
Uganda	18,873,500	296,200	1.57	202,100	2,300	6,288	37	8,005
IDF Member: Uganda Diabetes Association City: Kampala Phone: (+256) 772591911								
Zambia*	8,001,400	273,800	3.42	143,400	600	8,000	54	5,070
IDF Member: Diabetes Association of Zambia City: Lusaka Phone: (+260) 211253825								
Zimbabwe	8,372,100	103,200	1.23	70,400	500	2,622	32	3,225
IDF Member: Zimbabwe Diabetic Association City: Harare Phone: N/A								
Total	612,002,500	32,702,300	5.34%	18,979,900	103,000	466,707	1,269	25,770

*Countries without in-country data sources. Estimates are extrapolated from similar countries based on their ethnicity, language, World Bank income classification and geographical proximity. IDF country-specific data was used to calculate LCI Constitutional Area statistics due to differences in regions. This data represents countries with active Lions Clubs.

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