



# Students in SEL programs increase academic performance up to 11%<sup>1</sup>

## BETTERING OUR COUNTRY'S YOUTH AND FUTURE



Navigating childhood isn't easy. As they develop socially, emotionally, and intellectually – and face challenges at home, in school, and from peers – youngsters can become overwhelmed. Fortunately,

students in Australia and worldwide are gaining valuable skills to carry them confidently through school and into their futures through Lions Quest, the signature youth development program of Lions Clubs International Foundation (LCIF).

In 1975, teenager Rick Little began a "quest" to help peers develop skills to succeed as adults. The student and teacher curricula that grew from Little's

quest were so successful, middle and elementary schools sought similar programs.

"We must promote well-being of our youth."

Deeply committed to all youth, LCIF has provided Lions Quest grant funding since 1984, taking ownership of the program in 2002. To date, the Foundation has awarded US\$20 million+ to establish and expand Lions Quest social and emotional learning programs, enhancing 750,000+ teachers' ability to cultivate children adept at managing emotions, achieving goals, and building positive relationships.

Said Past District Governor Carmel Goldsworthy, Lions Quest director of the Australia Lions Drug and Alcohol Foundation, "We must do everything possible to promote good mental health and overall well-being of our youth. Lions Quest does just that."



**Lions Clubs International  
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# For the Children

During what should be a carefree time of life, many youth in Australia face daunting challenges, manifesting in stark realities like these:

**34%**

of 13-15-year-olds report being bullied monthly<sup>2</sup>

**13%**

of children aged 9-16 report being cyberbullied<sup>3</sup>



**>20%**

of 15-19-year-olds have consumed 60 grams+ of pure alcohol in the past 30 days

*making them heavy episodic drinkers<sup>4</sup>*

**THAT'S AUSTRALIA. GLOBALLY, THE SITUATION LOOKS LIKE THIS:**



**1 in 3 students**

reports being **cyberbullied**; 20% report skipping school because of it or violence<sup>5</sup>

**2 in 3 students**

in 160 countries **worry about violence** in and around schools<sup>6</sup>



**Reading scores** and **bullying** are directly correlated<sup>7</sup>



Schools with **positive school climate practices** like Lions Quest have lower rates of absenteeism and bullying<sup>8</sup>

## LCIF AND LIONS

[lcif.org/youth](https://lcif.org/youth)

## Funding Service, Delivering Solutions

Harvard University found students participating in Lions Quest reported improved perceptions of school climate, and physical and emotional safety<sup>9</sup>. For 35 years+, LCIF has funded Lions Quest globally. Our commitment continues.

**LIONS QUEST PROGRAM GRANTS**  
develop/expand the program

**UP TO US\$150,000**

**LIONS QUEST COMMUNITY PARTNERSHIP GRANTS**  
launch/reactivate the program

**UP TO US\$15,000**

**LIONS QUEST PROMOTIONAL GRANTS**  
introduce the program to a community

**UP TO US\$1,500**

**DISTRICT AND CLUB COMMUNITY IMPACT GRANTS**  
apply to local district and club projects

**GRANT AMOUNT VARIES**

SOURCES/NOTE: <sup>1</sup>Durlak, J.A., Weissberg, R.P., Dymnicki, A.B., Taylor, R.D., & Schellinger, K. (2011). The impact of enhancing students' social and emotional learning: A meta-analysis of school-based universal interventions. Child Development: 82 (1), 405-432; <sup>2,5,6,7</sup>UNICEF; <sup>3</sup>UNESCO; <sup>4</sup>World Health Organization; Thapa, A., Cohen, J., Guffey, S., & Higgins-D'Alessandro, A. (2013). A review of school climate research. Review of educational research, 83(3), 357-385; <sup>5</sup>Jones, S., Kahn, J., Nelson, B., and Temko, S. (2019). "Year 2 Report: A Quasi-Experimental Evaluation of Lions Quest Skills for Adolescence in Two Middle Schools." Cambridge, MA: Harvard University Graduate School of Education; grant limits subject to change



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LCIF is the grant-making body empowering Lions to create greater impact in their communities and around the world. The vast majority of funding LCIF receives is from Lions; one hundred percent of every donation supports Lions service through LCIF grants and programs.

Youth is just one cause area supported by LCIF and *Campaign 100: LCIF Empowering Service*. With financial support from Lions and clubs worldwide, Campaign 100 is empowering Lions to increase service impact in vision, youth, disaster relief, and humanitarian efforts; fight the global epidemic of diabetes; and make important progress in expanded cause areas of childhood cancer, hunger, and the environment.

**SUPPORT YOUR SERVICE  
BY SUPPORTING YOUR  
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[lionsclubs.org/donate](https://lionsclubs.org/donate)