



Constitutional Area 1 United States of America, Its Affiliates, Bermuda & The Bahamas



| Constitutional Area overview | |
|---|---|
| Adult population 241.1 million | Adults with diabetes 32.0 million |
| Regional prevalence 13.29% | Undiagnosed diabetes cases 12.1 million |
| Diabetes-related deaths 194,928 | Children with type 1 diabetes (0-19 years) 177,900 |

| Highest adult (20-79 years) diabetes cases | |
|--|---------------------|
| 1 United States of America | 31.0 million |
| 2 Puerto Rico | 438,700 |
| 3 Jamaica | 226,500 |
| 4 Trinidad & Tobago | 121,300 |
| 5 Guyana | 50,400 |

Global statistics

- ▶ **1 in 11** adults has diabetes
- ▶ **463 million** people have diabetes; by 2045 this number will reach 700 million
- ▶ **1 in 2** adults with diabetes is undiagnosed (232 million), and at a higher risk of developing complications
- ▶ **374 million** people are at risk of developing type 2 diabetes
- ▶ **Over 1.1 million** children are living with type 1 diabetes
- ▶ **4 million deaths** were caused by diabetes in 2019
- ▶ **87%** of diabetes-related deaths occur in low- and middle-income countries
- ▶ **35%** of diabetes-related health expenditure is spent in low- and middle-income countries
- ▶ **1 in 6** live births (20 million) are affected by diabetes during pregnancy
- ▶ **760 billion** is spent diabetes-related health expenditure

IN PARTNERSHIP WITH



International Diabetes Federation

NEED MORE INFORMATION?

For more ways to serve for this global cause, please visit lionsclubs.org/diabetes

Diabetes Fact Sheet 2019-2021

| Country/territory | Adult population (20-79 years) | Diabetes cases (20-79 years) | Diabetes national prevalence (%) | Undiagnosed diabetes cases (20-79 years) | Children with type 1 diabetes (0-19 years) | Diabetes-related deaths (20-79 years) | Total Lions clubs | Avg. adults w/ diabetes per community |
|--|--------------------------------|------------------------------|----------------------------------|--|--|---------------------------------------|-------------------|---------------------------------------|
| Antigua and Barbuda* | 69,700 | 9,300 | 13.34 | 2,800 | - | 86 | 1 | 9,300 |
| IDF Member: Antigua and Barbuda Diabetes Association City: St John's Phone: (+1268) 4639084 | | | | | | | | |
| Aruba* | 77,800 | 11,600 | 14.91 | 3,500 | - | - | 2 | 5,800 |
| IDF Member: Aruba Diabetes Foundation City: Pos Chikito Phone: (+297) 5930507 | | | | | | | | |
| Bahamas | 286,900 | 26,900 | 9.38 | 8,100 | 100 | 231 | 2 | 13,450 |
| IDF Member not applicable. Contact the IDF at Info@idf.org for more information. | | | | | | | | |
| Barbados | 204,100 | 36,400 | 17.83 | 9,500 | - | 294 | 8 | 4,550 |
| IDF Member: Diabetes Association of Barbados City: St Michael Phone: (+1246) 4279338 | | | | | | | | |
| Bermuda | 43,400 | 6,900 | 15.90 | 2,100 | - | - | 3 | 2,300 |
| IDF Member: Bermuda Diabetes Association City: Hamilton Phone: (+1441) 2978427 | | | | | | | | |
| British Virgin Islands | 21,100 | 3,100 | 14.69 | 900 | - | - | 2 | 1,550 |
| IDF Member: British Virgin Islands Diabetes Association City: Tortola Phone: (+1284) 4944125 | | | | | | | | |
| Cayman Islands* | 41,400 | 5,900 | 14.25 | 1,800 | - | - | 3 | 1,967 |
| IDF Member: Cayman Islands Diabetes Association City: Grand Cayman Phone: (+1345) 9160995 | | | | | | | | |
| Dominica* | 48,900 | 6,300 | 12.88 | 2,300 | - | 64 | 1 | 6,300 |
| IDF Member: Dominica Diabetes Association City: N/A Phone: (+767) 2854125 | | | | | | | | |
| Grenada | 69,500 | 6,800 | 9.78 | 2,500 | - | 98 | 3 | 2,267 |
| IDF Member: Grenada Diabetes Association City: St. Georges Phone: (+1473) 4427032 | | | | | | | | |
| Guyana* | 479,100 | 50,400 | 10.52 | 18,500 | - | 899 | 19 | 2,653 |
| IDF Member: Guyana Diabetic Association City: Georgetown Phone: (+592) 2237597 | | | | | | | | |
| Jamaica | 1,936,500 | 226,500 | 11.70 | 55,400 | 200 | 2,200 | 24 | 9,438 |
| IDF Member: Diabetes Association of Jamaica City: Kingston Phone: (+876) 9279960 | | | | | | | | |
| Puerto Rico | 2,617,000 | 438,700 | 16.76 | 142,600 | 1,500 | - | 105 | 4,178 |
| IDF Member: Asociación Puertorriqueña de Diabetes | | | | | | | | |
| Saint Christopher Nevis | 36,900 | 5,300 | 14.36 | 1,600 | - | 63 | 1 | 5,300 |
| IDF Member: St Kitts Diabetes Association City: Basseterre Phone: (+1869) 7648936 | | | | | | | | |
| Saint Lucia* | 129,300 | 14,800 | 11.45 | 5,500 | - | 145 | 5 | 2,960 |
| IDF Member: St Lucia Diabetic and Hypertensive Association City: Castries Phone: (+1758) 4527693 | | | | | | | | |
| Saint Vincent and the Grenadines* | 73,700 | 8,800 | 11.94 | 3,200 | - | 115 | 2 | 4,400 |
| IDF Member not applicable. Contact the IDF at Info@idf.org for more information. | | | | | | | | |
| Sint Maarten* | 26,800 | 3,800 | 14.18 | 1,200 | - | - | 3 | 1,267 |
| IDF Member: Diabetes Foundation of Sint Maarten City: Philipsburg Phone: (+721) 5423452 | | | | | | | | |
| Suriname | 367,800 | 47,900 | 13.02 | 17,600 | - | 573 | 14 | 3,421 |
| IDF Member: Diabetes Vereniging Suriname City: Paramaribo Phone: (+597) 497918 | | | | | | | | |
| Trinidad and Tobago | 982,600 | 121,300 | 12.34 | 36,500 | 200 | 1,191 | 29 | 4,183 |
| IDF Member: Diabetes Association of Trinidad and Tobago City: Chaguanas Phone: (+868) 6553704 | | | | | | | | |
| United States of America | 233,505,400 | 30,987,900 | 13.27 | 11,816,500 | 175,900 | 188,969 | 10,814 | 2,866 |
| IDF Member: American Diabetes Association City: Alexandria Phone: (+1) 7035491500 | | | | | | | | |
| United States Virgin Islands | 73,700 | 12,400 | 16.82 | 3,400 | - | - | 6 | 2,067 |
| IDF Member not applicable. Contact the IDF at Info@idf.org for more information. | | | | | | | | |
| Total | 241,091,600 | 32,031,000 | 13.29% | 12,135,500 | 177,900 | 194,928 | 11,047 | 2,900 |

*Countries without in-country data sources. Estimates are extrapolated from similar countries based on their ethnicity, language, World Bank income classification and geographical proximity. IDF country-specific data was used to calculate LCI Constitutional Area statistics due to differences in regions. This data represents countries with active Lions Clubs.