How to Get Involved in Your Local Diabetes Camp

November 8, 2012
6:30pm-8:00pm
Welcome!

How to Get Involved in Your Local Diabetes Camp
Asking Questions

Using the control panel:

Type your question in the “Questions” box during the presentation.
Today’s Agenda

I. Lions and Diabetes Awareness and Action

II. Presentations:
   A. The Importance of Diabetes Camp for a Child
   B. LCI/DECA Partnership
   C. Lions Serving Alabama’s Children With Diabetes: Southeastern Diabetes Education Services
   D. District 33-A Lions Involvement in Barton Camps

III. Discussion
Today’s Presenters

Lion Terry Ackley, Executive Director
Diabetes Education and Camping Association

Lion Shelley Yeager, Director of Outreach & Development
Diabetes Education and Camping Association

J. Frank Moore III, Past International President
Lions Clubs International

Sharon Brooks, Past Council Chairperson
Multiple District 33
Poll Question:

What would you estimate your knowledge about diabetes camps to be?

*Please Choose one:*

- Very knowledgeable and involved.
- I have some knowledge; but need to know more.
- No knowledge; but I am interested to know more!
Lions Support the Fight Against Diabetes

Lions Service Hours for Diabetes: Fiscal Year 2011-2012

• Diabetes awareness and education
• Diabetes screening
• Special needs camps
• Strides events

USA/Canada = 39,763
Worldwide = 205,636
Lions Support the Fight Against Diabetes

New Resources

Diabetes Awareness and Action
Lions Support the Fight Against Diabetes!

Diabetes
Warning Signs of Diabetes
- Frequent urination
- Excessive thirst
- Increased hunger
- Weight loss
- Fatigue
- Blurred vision
- Frequent infections
- Cuts that won’t heal
- Weakness or tingling in the hands or feet

Complications of Diabetes
Properly managed diabetes leads to fewer complications:
- Eye disease (retinopathy)
- Cardiovascular disease
- Nerve damage (neuropathy)
- Kidney disease (nephropathy)
- Foot or hand amputations
- Pregnancy complications

Good News! You can prevent or delay the onset of Type 2 diabetes through a healthy lifestyle:
- A healthy diet
- Increase your level of physical activity
- Maintain a healthy weight,

More materials and partner info on LCI website!

25 Project Ideas for Diabetes Awareness and Action
1. Organize a “B符合: Lions for Diabetes Awareness” event in your community.
2. Organize a community support group for parents of children with diabetes.
3. Volunteer to serve at a children’s camp for diabetes.
4. Invite a healthcare professional to speak about diabetes at your club or district meeting.
5. Support your national diabetes foundation.
6. Partner with local healthcare providers to organize diabetes and vision screenings.
7. Distribute current educational resources to increase diabetes awareness at a community health fair or other event.
8. Organize a walking club for seniors with diabetes.
9. Provide a diabetes magazine subscription to your local library.
10. Sponsor a child in need to attend a diabetes camp.
11. Donate current diabetes books to your local library and insert a bookplate to identify your club’s donation.
13. Work with your local school to invite a health care professional to speak about diabetes.
14. Post monthly articles about diabetes on your club or district website.
15. Promote diabetes prevention through a radio public service announcement.
Lions Support the Fight Against Diabetes

Strides: Lions for Diabetes Awareness

Engage and Empower Your Community!

Strides Information Kit: helps you to organize a successful Strides event

Co-branded handouts: Help educate your community
Lions Support the Fight Against Diabetes

Special Events for Diabetes

Diabetes Awareness Month
November

World Diabetes Day
November 14

Diabetes Alert Day
4th Tuesday of March - USA

World Sight Day
October – Diabetic Retinopathy
Lions Support the Fight Against Diabetes

Diabetes Camps
Working Together

Lions Clubs International and Diabetes Education and Camping Association

Partners to advance diabetes camping programs that meet the needs of individuals and families
Importance of Diabetes Camp for a Child

Terry Ackley, MA
Executive Director
Diabetes Education and Camping Association
Importance of Diabetes Camp for a Child

July 17, 1981
Importance of Diabetes Camp for a Child

Diabetes Camping – a Father’s Perspective

To camp
Importance of Diabetes Camp for a Child

The daily life of a child with diabetes –
Importance of Diabetes Camp for a Child

What diabetes camps do for children
Importance of Diabetes Camp for a Child

Challenges
Importance of Diabetes Camp for a Child

The importance of diabetes camp to the family
Importance of Diabetes Camp for a Child

Introduction of Lions to Families
Importance of Diabetes Camp for a Child

The outcome of Lion service at camp
Importance of Diabetes Camp for a Child

Living well with diabetes
Shelley Yeager, MA, LCSW
Director of Outreach and Development
Diabetes Education and Camping Association
In June 2009, LCI and DECA announced their partnership to enhance each organization’s service to children and adults who have diabetes.

- To promote Lions service to children with diabetes
- To enhance and expand the awareness of diabetes camping programs worldwide
Partnership Benefits

“Lions Club Member” section of the DECA website, through which Lions may access, free of charge:

A worldwide database of diabetes camps, including contact information for staff, dates of programs, locations and direct website links, searchable by multiple fields and mapping.
Diabetes resources

- **Diabetes 101** - a manual for caregivers (now in English and Spanish)

- **The Diabetes Camp Survival Manual** - how to start or improve a diabetes camping program (English)
LCI and DECA: Working Together

Training Videos

Educational training videos filmed at camps about children living with diabetes

• A Day in the Life of a Camp
• Blood Glucose Monitoring and Insulin Administration
• Eating and Exercise
• Emotional Well-Being
• Diabetic Emergencies

…and more
LCI and DECA: Working Together

Diabetes Education Games Toolkit

DKit – an online collection of unique games & activities that teach the American Association of Diabetes Educations 7 Self-Care Behaviors of good diabetes management in inventive ways.
LCI and DECA: Working Together

A library of:

✓ online resources  
✓ manuals  
✓ PowerPoint presentations  
✓ links to diabetes resource sites

Unraveling Control: Psychosocial Issues in the Camper with Type 1 Diabetes

Shelley Yeager, MA, LCSW  
Director of Outreach  
Diabetes Education and Camping Association

“The psychosocial impact of diabetes has been recognized as a stronger predictor of mortality in diabetic patients than many clinical and physiological variables.” — Diabetes Care 19(3):545-549 (2008).
Diabetes Education & Camping Association

Camping At Chinnock
Diabetes camp is a special place and incredible staff members await you. Most have been campers themselves and come back year after year because “camp is an addiction,” not a job.

Read the Full Story
Access is free and easy

for Lions

1. Visit the DECA Web site www.diabetescamps.org
2. Click on “Lions Club”
3. Click on “Register Here”
4. Enter Pass Code: DECALIONS (all caps)
Access is free and easy for Lions Camps

1. Click on “Membership”

2. Read “About Memberships” to decide which category of camp membership applies to you:

   http://www.diabetescamps.org/membership/about-memberships.html

3. Once you decide, click on “apply for Membership” and follow instructions.
DECA staff provides outreach and information

- Lions meetings and conventions
- LCI interface – diabetes awareness initiatives
- Collaboration with other diabetes organizations (IDF Young Leaders)
LCI and DECA: Working Together

Sign up for newsletter on DECA website:
www.diabetescamps.org

Call or e-mail us for information ("Contact Us" button on website)

We’re here to help!
J. Frank Moore III
Past International President
Lions Clubs International
Lions Serving Alabama's Children with Diabetes

SOUTHEASTERN DIABETES EDUCATION SERVICES

Teaching families how to live with diabetes.
Lions introduced to Camp Seale Harris

1982: PDG Ed Henke & PDG Frank Sims Visit

PDGs Henke and Sims report to Council of Governors

Alabama Lions become involved
Lions Serve Children With Diabetes

- Lions tell the Story of Camp
- Lions recruit children
- Lions transport children to camp
- Lions volunteer at camp
- Lions Clubs provide financial support
Lions Offer Leadership to SDES

- Members of the Board of Directors and Advisory Board
- Service as officers of the Board
- Service on Board and organization committees
LCIF helps build camp facilities
Lions Serving Alabama's Children with Diabetes

Lions Grow the Organization

- Identify local community needs and opportunities
- Assist in creating local committees
- Provide leadership on community committees
- Help with the operation of local programs
Impact of Alabama Lions

1982
One 2-Week Resident Summer Camp Program

Today
• Four Summer Resident Camp Programs
• Four Summer Day Camp Programs
• Local Community Programs In:
  Auburn, AL
  Dothan, AL
  Huntsville, AL
  Montgomery, AL
  Birmingham, AL
  Florence, AL
  Mobile, AL
  Tuscaloosa, AL
  Pensacola, FL
Sharon Brooks
Past Council Chairperson
Multiple District 33
Lions involvement can begin with one Lion in one club that has interest.

Match it with a camp that has needs, communicates those needs and connects to Lions.
Spreading the message is important

- Lions are interested in diabetes
- Lions love kids
- Lions involve Lions
District 33-A Lions Involvement in Barton Camps

Speaking at Club, Zone, Region, District Meetings

- Offer tours of camp
- Encourage attendance at camp events
- Use the camp for meeting nights
District 33-A Lions Involvement in Barton Camps

Become an ambassador for diabetes camp

• Visit schools and recruit campers
  Include principal and school nurse
• Promote camp as a tool for diabetes education
• Volunteer at diabetes education events
  Distribute camp brochures and diabetes information

Take an active leadership role
Join committees or the board
Volunteer to help out at camp

- Work and repair days, get camp ready for season
- Welcome parents and children on camp opening days
- Assist with activities (archery, stamp collecting, quilting)
- Help in the kitchen
District 33-A Lions Involvement in Barton Camps

Fundraising events –
Raise money for camperships

- Walks and Runs (Lions Strides Events)
- Auctions
- Cookouts and Chili Fests
- Motorcycle Rides
- Golf Tournaments
District 33-A successfully received two major capital project grants through LCIF.
District 33-A Lions Involvement in Barton Camps

Lions helped to build five log cabin kits

Health & Education Center
- Require district approval
- Require “matching support” of clubs

Matching support: financial contributions or service in-kind (like a carpenter installing a roof)
Together, Lions and campers both have smiling faces
Activities that bring Lions and campers together, such as “Lions Field Day,” are magical!
District 33-A has:

• Donated roughly $650,000 in campership and capital financial donations over the past 20 years

• Donated thousands of hours of labor and support to help the camp improve the lives of children with diabetes
District 33-A has:

Inspired Lions in other Districts and States to join in helping get children to camp and to help camp continue its programs
District 33-A Lions Involvement in Barton Camps

It’s a marriage made in heaven benefitting Lions and children with diabetes
DECA Videos

Learn what diabetes camp means to children and families!

To further understand the benefits of the diabetes camping experience for children, we invite you to visit DECA to view the outstanding film, “Kids Love Camp.”

Access the link on DECA’s home page at: www.diabetescamps.org
LCIF: Grant Funding

Lions Clubs International Foundation

Provides grant funding to assist Lions in developing and implementing large-scale humanitarian projects

- SightFirst
- Standard
- Diabetes Core 4
- International Assistance
- Disaster

More information at: www.lcif.org
Asking Questions

Using the control panel:
Type your question in the “Questions” box now.
Conclusion and Summary

Our Final Poll Question

I believe that I and/or my club will be able to support diabetes camps in the following ways:

Please select all that apply.

- Help local diabetes camp prepare facility ready for camp season
- Help with meals, entertainment or transportation of campers.
- Serve on a diabetes camp committee
- Use professional healthcare or counseling skills at camp.
- Sponsor a child to attend diabetes camp
Service Activity Report

Report
Service Activities
Thank you for your Participation!

A roaring “Thank you!”

More information: programs@lionsclubs.org

Marilee Kadar, Manager, Health & Children’s Services
Debbie O’Malley, Coordinator, Health & Children’s Services
Vanessa Avila, Coordinator, Program Development

www.lionsclubs.org