



## GREEN TEAM

### TIPS TO REDUCE, REUSE, RECYCLE!

#### Transportation

- Take public transportation, car pool, use bicycles, or walk.
- When driving, accelerate gradually; use cruise control. Keep tires properly inflated.

#### Computers and Electronics

- Turn off computers, TVs, radios, etc. when not in use.
- Plug all electrical cords into a power strip and turn the strip off when not in use.
- Recycle computer disks, cell phones and other “technotrash.”
- Use rechargeable batteries.

#### Lights

- Use ONLY Compact Fluorescent Light (CFL) bulbs. (They use 75% less energy and last 10 times longer!)
- Always turn off lights.
- Utilize natural light whenever possible.

#### Paper and Other Disposables

- Use old newspapers as wrapping paper.
- Use canvas or other reusable bags when shopping.
- Buy items in bulk to reduce packaging waste.
- Bring a coffee mug to work instead of using paper or plastic.
- Instead of disposables, use silverware and plates that can be washed.
- Compost food scraps and yard waste, keeping them out of landfills.
- Use cloths instead of paper towels, paper napkins, etc.

#### Appliances & Home Energy

- When purchasing new appliances, look for energy efficient models.
- Set home and office refrigerator temperatures between 36 and 42 degrees Fahrenheit (2.2-5.5 degree celsius).
- Clean furnace filters and refrigerator coils once a month to increase efficiency.
- Use a programmable thermostat for heating/air conditioning.
- Use the microwave, toaster oven or other small appliances instead of the oven or range.

#### Water

- Take short showers.
- Fix leaky faucets. Invest in low flush toilets, showerheads and faucets.
- Turn the water off when brushing teeth or shaving.
- Wash only full loads of laundry using warm or cold water.
- Use white vinegar instead of fabric softener in laundry.
- Use a half white vinegar & half water mixture to clean glass.
- Water lawns and gardens at the coolest time of the day.

