



# Lions-Quest

# FACT SHEET

## Three different Lions-Quest programs

Since 1984, Lions Clubs have sponsored Lions-Quest programs for local schools. The three Lions-Quest life-skills programs are:

- *Skills for Growing - for students grades K-5*
- *Skills for Adolescence - for students grades 6-8*
- *Skills for Action - for students grades 9-12*

All three of the Lions-Quest programs teach young people the skills they need for everyday living. These skills include:

- Learning to accept responsibility
- Communicating effectively
- Setting goals
- Making healthy decisions
- Resisting pressure to use alcohol or drugs



*All three Lions-Quest life-skills curricula emphasize community service. Lions Clubs can become involved with a Lions-Quest classroom by helping young people implement a community service project.*

*Lions clubs can serve as effective partners to schools in implementing Lions-Quest programs by providing financial support for training or materials.*

### More than drug awareness

The World Health Organization (WHO) has recognized the importance of teaching life-skills and that it has a positive affect on:

- Decision-making
- Creative thinking
- Communication
- Self-awareness
- Coping with emotions
- Problem-solving

- Critical thinking
- Relationship skills
- Empathy
- Coping with stress

According to the World Health Organization, life skills education is effective in preventing:

- Substance Abuse
- Adolescent pregnancy
- Peer conflicts

Life skills education is the focus of the Lions-Quest curricula, which Lions Clubs International recently purchased.

### Taught Worldwide

Educators in many countries around the world have been certified to teach the Lions-Quest life-skills programs. *This makes Lions-Quest the most widely used life-skills/drug-abuse prevention program in the world.* Recent statistics include:

- More than 130,000 educators are certified trained to teach Skills for Growing;
- More than 200,000 educators are certified trained to teach Skills for Adolescence;
- More than 7,000 educators are certified trained to teach Skills for Action.

### Lions and Teacher training

All Lions-Quest teachers must complete a special training session before they can teach the Lions-Quest life-skills curricula. Before schools can obtain Lions-Quest materials, an educator must be certified-trained to teach the curricula. A certification workshop explains Lions-Quest theory and practice. Lions can help organize, support, and finance the Lions-Quest training of teachers in their area.

## Models of Implementation

### Partnering:

Lions clubs can partner with a local school to implement Lions-Quest.

### Broad-based Implementation:

Single/sub or multiple districts may initiate or expand Lions-Quest activity in a larger area, allowing an increased number of schools and Lions clubs to become involved in the program.

## International Implementation

A team of educators should review Lions-Quest materials. If the curriculum is appropriate for the local school system, teachers and schools should be selected for initial testing of the program. Often, language or cultural adaptations are required before testing can proceed.

For activity outside of the U.S., a legal agreement should be signed between the Lions district or multiple district and Lions Clubs International Foundation.

## Matching Funds

LCIF Core 4 grants are available to support broad-based implementation efforts. Lions-Quest has been determined eligible, to meet the requirements of the following initiatives, which may provide matching funds:

- Safe & Drug-Free Schools
- Tobacco Settlement Funds
- No Child Left Behind
- Character Education
- Service-Learning Commission on Community Service



### For more information, contact:

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## Evaluation Design

The U.S. Department of Health and Human Services National Institute on Drug Abuse (NIDA), conducted a study of the *Skills for Adolescence* (SFA) program, to measure its effectiveness in deterring and delaying substance use through middle school. According to Dr. Marvin Eisen, it was found that “exposure to a 40-session version of the SFA program helped deter the initiation of regular cigarette smoking and experimental use of marijuana through the end of 7th grade.”

## Lions-Quest Recognitions:

*Skills for Adolescence* designated a “Model” program, their highest rating, by the Center for Substance Abuse Prevention (CSAP), of the Substance Abuse Mental Health Services Administration (SAMHSA)

*Skills for Adolescence* designated a “Promising” program by Safe and Drug-Free Schools and Community Program, U.S. Department of Education

All 3 Lions-Quest programs named “SELECT” programs, their highest rating, by the Collaborative for Academic, Social, and Emotional Learning (CASEL)

### Endorsements:

- Ministries of Education in: Australia, Iceland, Italy, New Zealand, the Republic of South Africa, Thailand; and Ministries of Education of all Canadian Provinces
- Canadian Association of Principals;
- National Association of Elementary School Principals (US);
- National Association of Secondary School Principals (US);
- National Council of Juvenile and Family Court Judges (US);
- U.S. Department of Education

